



**Curriculum vitae
Europass**



Personal Information

Name/ Last Name VERONICA MÎNDRESCU
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Nationality(es) Romanian

Date of Birth 04.05.1966

Sex Female

Job Applied For Position Transilvania University of Braşov, Faculty of Physical Education and Mountain Sports
Preffered Job
Studies Applied For Department: Motor Performance

Work Experience

Period	• 01.10.2012- until present
Function or job occupation	<p>2010 – 2012- Associated Professor for Transilvania University of Braşov, Faculty of Physical Education and Sport and Mountain Sports</p> <p>2012-2023 Doctor University lecturer. titular, for an unlimited period at Transilvania University of Braşov</p> <ul style="list-style-type: none">- 2023- Assoc. Prof. PhD. Dr. Habil- 2024- Professor PhD.- 2024- Doctoral Supervisor – Sports Science and Physical Education Field- Faculty of Physical Education and Mountain Sports- Department: Motor Performance <ul style="list-style-type: none">• Guidance and Coordination of the activities at course hours, at the seminar and at practical work at the Faculty of Physical Education and Mountain Sports• The History of Physical Education and of Sports Physical Education and Sports, (course and seminar)• Methods of Restoring and sustaining capacity for effort (III-rd course and seminar)• Recovering Techniques and Restoring of the cappacity for effort techiques (master's degree 1-st Year course and seminar)• Specialization in a sports branch -Handball- (Master's degree II-nd Year(course and seminar)• The General Basis of Handball (licence I-st Year, course and seminar)• The Sports Training for the persons with disabilities (Master's degree II-nd Year, course and seminar)• Doping in sport (Master's degree, 1-st Year, course and seminar)• Sports Training for the persons with disabilities (Master's degree I –st Year, course and seminar)

Qualification /Diploma	• Doctor in Physical Education and Sport					
Foreign Language(S) străină(e)						
Knowledges						
Autoevaluation	Understanding		Speaking		Writing	
European Level (*)	Listening		Reading	Conversation Skills	Oral Skills	Writing Skills
Limba engleza	1	B2	B2	B2	B2	B2
Limba italiană	2	well	well	well	well	well
(*) European Reference Framework Level for Foreign Languages						
Personal and Communication Skills	<ul style="list-style-type: none"> • Communication Skills and ability to work in teams, sports advising • Cognitive Skills related to the knowledge, understanding and using of the language that is specific for physical education and sport, the explanation as well as interpretation of the specific contents for the domain of physical education and sport., as an integral part of the socio-human activities • The implementation, the transfer of the specific knowledge accumulated in practice and problems solving in the domain of physical education and performance sport • Critical and constructive reflection related to approaching the theoretical-methodologic situations, situations that are specific for the training in the domain of physical education and sport and for the domain of physical education of the disabled persons • Creative-Innovative demeanor regarding teaching methodology • Autonomy și responsibility în coordinating of the teaching activity and taking decisions regarding the professional area • Social interaction in the teaching environment (colleagues, students). • Personal and Professional Development based on permanent education • Competences related to the development of restoring/recovering from effort or injury in the performance area – Technician in Therapeutic Massage • Competences related to the development of the restoring/ recovering after effort or injury in the performance area - Technician in Somatic Massage • Competences concerning the development of the restoring, recovering after effort or injury in the performance area - Technician în reflexogenic massage • Competences related to applying in practice of the main concepts, values, principles and regulations related to handball in wheelchair and the movement benefits for the disabled persons • Competences related to using and execution of the performance activities by means of experimental learning that should stimulate a specific behaviour and open- mindedness, complexity and independence in judgement process 					
Organisational/Managerial Skills	<ul style="list-style-type: none"> • Aptitude for organizing cultural, sportive, scientific and for leading groups or professional structures • Organizer of the Workshop for the International Scientific Conference, with the theme , ' The Adapted Sport", 2019 • Organization of three international competitions for disabled persons for Handball and Basketball (wheel chair) 2021, 2022, 2023 • Coordinator of the World-Wide Men's Handball Championship 2018 • Member– Olimpic Club of Braşov • Chairwoman of the Feminine Committee at the Olimpic Club of Braşov • Manager, chairwoman and Coach at the private club ACS-Handbal Veraflor Braşov 					
Digital Competences and Skills	<ul style="list-style-type: none"> • Knowledges word programm, power point, using internet. • Driver's licence B 					