

Transilvania University of Braşov, Romania

Study program: Psychometric Diagnosis and Prognosis

Faculty: Physical Education and Mountain Sports
 Study period: 2 years (master)
 Academic year structure: 2 semesters (14 weeks per semester)
 Examination sessions (two): winter session (January/February)
 summer session (June/July)

Courses per years (C= course; S = seminar; L = laboratory; P = project)

1st Year

No.	Mandatory disciplines	Code	1 st Semester					2 nd Semester				
			C	S	L	P	Cred	C	S	L	P	Cred
1.	Theories of learning and psychomotor improvement	DPP.AP.I.01.01.	1	1			4					
2.	Theory of psychomotor behaviour	DPP.AP.I.01.02	1	1	1		6					
3.	Ergo physiology	DPP.AP.I.01.03	1		1		4					
4.	Investigating and evaluating the psychomotor capacities	DPP.AP.I.01.04	1		1		5					
5.	Investigating the psychical skills in motricity	DPP.SI.I.01.05	1		1		5					
6.	Methodology of the research project	DPP.CA.I.01.06	1	1		1	6					
7.	Communication methods and techniques	DPP.CA.I.02.07						1			1	5
8.	Interdisciplinary research techniques	DPP.SI.I.02.08						1		1	1	6
9.	Sports research methods and techniques	DPP.SI.I.02.09						1		1		4
Total of hours for mandatory disciplines			6	3	4	1	30	3	-	2	2	15
			14					7				

No	Optional disciplines	Code	1 st Semester					2 nd Semester				
			C	S	L	P	Cred	C	S	L	P	Cred
Select one discipline from each package:												
Optional package 1												
10	Stages of psychomotor development	DPP.CA.A.02.10						1	1		1	6
	Psychomotor profile	DPP.CA.B.02.13						1	1		1	6
Optional package 2												
11	Academic integrity and ethics in scientific research	DPP.AP.A.02.11						1	1			5
	Theories of psychomotor performances	DPP.AP.B.02.14						1	1			5
Optional package 3												
12	Non formal methods and means in permanent education	DPP.SI.A.02.12						1	1			4
	Sports doping	DPP.SI.B.02.15						1	1			4
Total of hours for optional disciplines								3	3		1	
Total			14				30	14				30

2nd Year

No	Mandatory disciplines	Code	3 rd Semester					4 th Semester					
			C	S	L	P	Cred	C	S	L	P	Cred	
1.	Effective learning methodologies and techniques	DPP.CA.II.03.07	1	1			4						
2.	Statistics applied in psychomotor skills	DPP.SI.II.03.08	1		1		5						
3.	Instrumentalization of interdisciplinary research in psychomotor counselling	DPP.SI.II.03.09	1		1	1	6						
4.	Practical activity and / or scientific research	DPP.SI.II.04.10						6 weeks. x 14 hours = 84 hours				20	
5.	Elaboration of the dissertation and the dissertation exam	DPP.SI.II.04.11						4 weeks x 14 hours = 64 hours				10	
Total of hours for mandatory disciplines			3	1	2	1	15					30	
			7										

No	Optional disciplines	Code	3 rd Semester					4 th Semester				
			C	S	L	P	Cred	C	S	L	P	Cred
Select one discipline from each package:												
Optional package 1												
6.	Methods and means of intervention in lifelong education	DPP.CA.A.03.01	1		1		4					
	Methods and means of intervention in sports performance	DPP.CA.B.03.04	1		1		4					
Optional package 2												
7.	Prognosis and psychomotor guidance	DPP.SI.A.03.02	1		1	1	6					
	Strategies and methodologies for designing human performance	DPP.SI.B.03.05	1		1	1	6					
Optional package 3												
8.	Promotion techniques and professional responsibility	DPP.SI.A.03.03	1	1			5					
	Economic strategies and legal regulations of sports performance	DPP.SI.B.03.06	1	1			5					
Total of hours for optional disciplines			3	1	2	1	15					
			7									
Total			14				30	14				30