

# Transilvania University of Braşov, Romania

## Study program: Educational Psychology, School and Vocational Counseling

Faculty: Psychology and Education Sciences

Study period: 2 years (master)

1<sup>st</sup> Year

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Advanced Theories in Developmental Psychology	TAPD	7	2	1	-	-

**Course description (Syllabus):** Development concept - contemporary challenges and approaches theories of cognitive development. Theories of Personality Development: psychosexual development theory, stadium development theory, Neo-Freudian theories, identity theory. Theories of moral development. Theories of emotional development. Adolescence-the dynamics of development. Adult – the dynamics of development.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Advanced Theories in Communication Psychology	TAPC	4	1	1	-	-

**Course description (Syllabus):** Communication-conceptual clarifications. Communication process. Models of communication. Psychological factors in communication. Barriers in communication-determining factors and psychological mechanisms. Interpersonal perception in communication. Professional speech. The role of nonverbal communication in networking and communication.. Feedback in communication. Transactional analysis. Technique of clarifying and enriching communication questions.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Methods of Quantitative Research	MCCT	7	1	-	2	-

**Course description (Syllabus):** Identification of the research problem. Formulation of research objectives and assumptions. Types of design of correlational, experimental and quasi-experimental research. Sampling methods. Statistical methods of testing research hypotheses. Internal and external validity of quantitative research. Psycho-pedagogical, laboratory and field experiment. Writing laboratory report and experimental research report. Scientifically validated psychological practice in the major applied areas of psychology.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Advanced Theories in Personality Psychology	TAPP	6	2	1	-	-

**Course description (Syllabus):** Explanation of personality in psychology-the great theories of personality and contemporary research. Biological bases of personality I: evolutionary perspective on personality. Biological bases of personality II: genetics and personality: heritability, environmental influences. Biological bases of personality III: constitutional and physiological aspects of personality. Culture and personality. Current theoretical models of

Personality–Personality Traits and factors. Intelligence and professional adaptation. Group differences: gender, race, social class. Personality and interpersonal attraction.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Ethics and Academic Integrity	EIA	2	1	-	-	-

**Course description (Syllabus):** Academic ethics in the 21st century: necessity and finalities. The moral values of the University and the rules of conduct arising from them. Code of ethics and University deontology of UTBv. Norms of academic ethics in assessment situations. Academic writing: contemporary requirements and norms in the field. Ethics in the elaboration of dissertation work. Plagiarism and other forms of dishonesty in academic writing. Ethical aspects in university relations.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Methods of Qualitative Research	MCC	7	2	1	-	-

**Course description (Syllabus):** Qualitative approach in psychological research: features of qualitative research, Theoretical Perspectives in qualitative research. Qualitative research design. Case study, comparative studies, retrospective studies, longitudinal studies. Qualitative research approach: formulation of the question of qualitative research and derivation of concepts. Selection of research groups and methods. Textual data: collection of textual data. Depth interview, Focus-group, narrative/ biographical interview. Observation. Visual data: collection of visual data (photo, video). Use of documents as qualitative research data. Online qualitative research. Qualitative data analysis: thematic analysis. Inductive analysis of qualitative data: data encoding and categorization Interpretation of qualitative data. Conditions regarding the quality of qualitative research: triangulation, generalization. Ethical principles of qualitative research with human participants.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychological Evaluation	EP	6	2	1	-	-

**Course description (Syllabus):** Test, Test and psychological evaluation. Basic qualities of psychometric instruments: standardization, fidelity and validity. The specifics of psychological evaluation in the fields of education, health, work, human resources and transport. Rules for drawing up the psychological report. Psychological evaluation at the level of the labor collective: psychological evaluation after cancellation and diagnose and plan organizational change. The factorial approach of personalities by H. J. Eysenck. The factorial approach of a personality of R. B. Cattell. NEO Personality Inventory revised (NEO PI-R). California Psychological inventory (CPI 434). Myers-Briggs typological indicator (MBTI). SDS Holland (Self-Directed Search).

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychological Counseling of the Child and Teenager	CPCA	7	2	1	-	-

**Course description (Syllabus):** The issue of counseling children and adolescents. Ethics and conduct in advising children and adolescents. Counseling framework and counseling relationship. Stages of the process of counseling children and adolescents. Diagnostic techniques used in psychological counseling of children and adolescents. Methods and techniques used in counseling children and adolescents (arttherapy, psychodrama, gestalt, rational-emotional and cognitive-behavioral). Intervention plan for advising children and adolescents. Experiential group centered on the development of emotional intelligence of children and adolescents. Lifestyle counseling for children and adolescents.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Adults Training	FA	6	2	1	-	-

**Course description (Syllabus):** National and European legislation in the field of adult vocational training. Adult Learning, psychological and andragogical perspective. Classic methods of adult training. Methods of communication in adult training. Semantic and situational methods in adult training. Needs Analysis, job analysis and occupational standard analysis as sources of training. Development and evaluation of the vocational training programme. Development and implementation of an activity project for adult training. Evaluation of training. Professional didactics - way of transmitting competences from experts to novices.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Inclusive Education	EI	4	1	1	-	-

**Course description (Syllabus):** Concepts. Integrated education-inclusive education: comparative analysis. Inclusive education policies at European level. Inclusive educational policies at national level. Principles of educational inclusion. Institutions involved in achieving inclusive education and their role. Educational partnership in the spirit of school inclusion

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Socio-psychological Interventions in Crisis Situations in the Educational Environment	ISPME	4	1	1	-	-

**Course description (Syllabus):** Crisis situations and risk behaviors in the educational field: types of crises, theoretical models and approaches. Psychological counseling in crisis situations: theoretical substantiation, principles and methods. Crisis stages and specific approach strategies. Psychological reaction to crises: physiological, cognitive, behavioral and emotional responses. Interpersonal communication techniques with people in a crisis situation. Risk behaviors: prevention strategies. Psychological interventions in specific crisis situations: methods and techniques of intervention.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Managing Emotions in Counseling	GEC	4	1	1	-	-

**Course description (Syllabus):** Understanding the emotional experiences specific to the educational counseling process - theoretical framework. Development of emotion management skills with implications in optimizing the professional behavior of the educational counselor. Managing emotions from the model of emotional intelligence skills (Mayer & Salovey). Empathy and its benefits in educational counseling. Burnout syndrome of the educational counselor. Theoretical models of emotion management: the process model (Gross). Emotional management in educational counseling: component of professional identity. Situational and individual history, goals of emotional regulation in educational counseling. Consequences of emotional regulation in educational counseling.

## 2<sup>nd</sup> Year

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Vocational Counseling and Career Management	CVMC	7	2	1	-	-

**Course description (Syllabus):** Career counseling in the perspective of life career. Contemporary theoretical aspects in career counseling. Career counseling in school. Career counseling in organizations. Free practice in career counseling. Career development in cultural context. Legislation, deontological norms, attitudes and behaviors in relation to

customers. Resources in the career counseling process. Evaluation and establishment of the intervention strategy. Selection of intervention techniques and instruments. Implementation of the intervention strategy. Conclusion and assessment of intervention.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applications of Learning Psychology in Education	APIE	7	2	1	-	-

**Course description (Syllabus):** Internal and external factors of learning, attitudes towards school. Ergonomics and school hygiene. Optimization of external conditions of teaching-learning. Managing the relationships between students in the school situation. Teacher effect. Academic emotions, anxiety, well-being, resilience. Use of technologies. Internet addiction and Smartphone. School Climate-theories and models and diagnosis of school climate. Violence in school-theories and models. Violence in school-intervention programs. Learning Disorders-theories and models. Learning Disorders-intervention programs. School adaptation.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychopathology of Children and Adolescent	PCA	4	1	1	-	-

**Course description (Syllabus):** Mental health-mental disorder – mental illness-conceptual delimitations. Disorders with somatic symptoms in the child and teenager. Disorders of the food instinct – anorexia and bulimia. Attention Deficit Disorder and its implications. Autistic spectrum disorders. Anxiety disorders in the child and co morbidity with disorders of Affective mood.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Counselling of Educational Groups	CGS	8	2	2	-	-

**Course description (Syllabus):** Specifics of school group counseling. Description and classification of the main theories and practices of counseling. Using the group to advise students. Methods and techniques of animation of large and small groups. Methods and techniques of psycho-educational counseling of the group-class. Design, implementation and evaluation of school group advisory activities. Counseling Inter-knowledge, self-knowledge in students and personal development of students. Counseling to boost school success. Counseling for reducing disruptive behaviors and developing non-violent relationships in student groups. Counseling for the development of social and emotional abilities of students.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Diagnosis and Psycho-educational Intervention in Children and Adolescents with Special Needs	DICA	4	1	1	-	-

**Course description (Syllabus):** Delimitation of the field of special psycho-pedagogy. Assessment of intelligence and cognitive skills. Methods of behavioral evaluation. Samples for evaluation of visual-motor coordination. Formative psychodiagnosis. Specific intervention strategies for children with CES.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Psychological Counseling of the Family	CPF	6	1	2	-	-

**Course description (Syllabus):** Psychological counseling of the family-conceptual delimitations. Ethics in family psychological counseling. Counseling framework and establishment of therapeutic alliance with couple and/or family members. Psychological counseling of the impasse family - stages of the process. Counseling the couple on the stages

of development of partners to overcome the emotional difficulties of family members. Advising parents on the formation of children's psychosexual identity. Integration of emotions in the process of development of members within the family. Supporting and advising family members in the case of rape of a child or teenager. Transgenerational approach of the family in family counseling (principles, goals and techniques of intervention).

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Personal and Professional Development Training	TDPP	5	-	-	-	2

**Course description (Syllabus):** Self-image and self-assessment. Expressive skills (nonverbal and verbal). Relational, emotional and cultural intelligence. Managing stress. Mindfulness. Motivation and self-determination. Relevant personal and professional objectives. Tools, methods and means to increase productivity. Professional and personal development plans. Construction and presentation.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Applied Research in the Field of Specialization: Intervention	CAPSI	8	-	-	-	4

**Course description (Syllabus):** Development and/or adaptation of tools for psychological evaluation. Participation, as an observer, in individual and group counseling activities simulated by colleagues. Design of own counseling activity and individual and Group consulting activity. Simulation of individual and group counseling activities. Observation of the mentor counselor in consulting activities for teachers, school managers. Designing a research focused on counseling activity. Self-assessment of personal evolution during specialized practice-internship report.

Course title	Code	No. of credits	Number of hours per week			
			course	seminar	laboratory	project
Practice for the Elaboration of the Dissertation	PLD	7	-	-	-	3

**Course description (Syllabus):** Individual study to substantiate the research / intervention and to draft the theoretical framework. Optimization of chapters from the theoretical part. Development of research design, development / adaptation of tools / activities. Implementation of research /intervention. Data processing and interpretation. Drafting the research/ intervention report. Self-assessment / inter-evaluation of the final version of the dissertation and of the personal evolution. Presentation of the research/ intervention portfolio.