

LISTA

lucrărilor științifice în domeniul disciplinelor din postul didactic

A. Teza de doctorat

“Contribuții privind optimizarea instruirii sportive pentru secvența de poligon în schi biatlon la nivelul juniorilor biatloniști” , Brașov, 2022, sub îndrumarea prof.univ.dr. Bondoc-Ionescu Dragoș.

B. Cărți și capitole în cărți publicate în ultimii 10 ani

Pelin B.I., *Aspecte teoretice privind intruirea sportivă în schi fond și biatlon*, Editura Universității Transilvania din Brașov, Brașov, 2022, ISBN: 978-606-19-1526-2.

C. Lucrări indexate ISI/BDI publicate în ultimii 10 ani

1. **Pelin, B.I., Mereuță, C.,** *Improvement of shooting technical skills in the shooting range within the biathlon test for juniors*, Bulletin of the Transilvania University of Brașov Series IX: Sciences of Human Kinetics Vol. 11 (60) No. 2 – 2018, 179-184. http://webbut2.unitbv.ro/BU2018/Series%20IX/2018/BULETIN%20I/32_Pelin%20Bogdan%20final.pdf
2. **Pelin, B.I., Pelin, F.,** *Promoting athletes from the junior ii to junior i category by optimizing land training and snow training in ski biathlon tests*, Discobolul – Physical Education, Sport and Kinetotherapy Journal Vol. XIV, no. 3(53), 2018, pp.5-9. http://discobolulunefs.ro/wp-content/uploads/2019/01/Discobolul_Nr_53_Septembrie2018.pdf
3. **Pelin, B.I., Turcu, I., Tohănean, D.,** *Study on the development of motor qualities by practicing cross-country skiing at junior level*, Discobolul – Physical Education, Sport and Kinetotherapy Journal Vol. XIV, no. 3(53), 2018, 58-62. http://discobolulunefs.ro/wp-content/uploads/2019/01/Discobolul_Nr_53_Septembrie2018.pdf
4. **Pelin, B.I., Balint, Gh.,** *Improvement of endurance in preparing the biathlon ski tests through means specific to athletics at junior II level*, FIEP BULETIN, Volume 89-Special Edition-ARTICLE I-2019, 401-406. <http://www.fiepbulletin.net/index.php/fiepbulletin/article/view/6181/54615708>

5. **Pelin, B.I.,** Bondoc-Ionescu, D., Turcu, I., *Optimising technical shooting skills at the shooting range by adjusting the intensity of the effort to junior biathletes*, Discobolul – Physical Education, Sport and Kinetotherapy Journal Year XV Vol. 58 no. 4, 2019, 32-36. <https://discobolulunefs.ro/media/Discobolul%20No.%2058%20%20December%202019.pdf>
6. **Pelin, B.I.,** Bondoc-Ionescu, D., *Shooting range improvement by monitoring the discriminating factors of the junior biathletes*, Bulletin of the Transilvania University of Braşov Series IX: Sciences of Human Kinetics Vol. 13(62) No. 2 – 2020, pp. 61-68. <https://doi.org/10.31926/but.shk.2020.13.62.2.7>
7. **Pelin, B.I.,** Bondoc-Ionescu, D., *Shooting range improvement at junior biathletes using modern technology*, Bulletin of the Transilvania University of Braşov Series IX: Sciences of Human Kinetics Vol. 14(63) No. 1 – 2021, pp.75-80. <https://doi.org/10.31926/but.shk.2021.14.63.1.10>
8. **Pelin, B.I.,** Bondoc-Ionescu, D., *Intervention in the training process at junior biathletes after increasing effort capacity*, Bulletin of the Transilvania University of Braşov Series IX: Sciences of Human Kinetics Vol. 14(63) No. 2 – 2021, pp. 21-26. <https://doi.org/10.31926/but.shk.2021.14.63.2.2>

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