

FIȘĂ DE AUTOEVALUARE
cu privire la îndeplinirea standardelor minimale pentru profesor/ abilitare
Domeniul: Educație fizică și sport, conform OM 6.129 din 20.12.2016

Prof.univ.dr.habil. **ADELA BĂDĂU**

STANDARDE MINIMALE PENTRU DOMENIUL EDUCAȚIE FIZICĂ ȘI SPORT

Aria A 1	Criteria	Indicatori esențiali / suma indicatorilor	Standard minimal - Profesor	Realizat
Realizări științifice (A 1)	C1	I1	6	208.281
	C2	I3 + I4	24	48
	C3	Total A1 (I1+...+I15)	65	323,246
Vizibilitate și impact (A 2)	C4	I16	4	42,5
	C5	I27	4	27
	C6	Total A2 (I16+...+I36)	55	303,60
	C7	Total general	120	626,346

A 1. Realizări științifice

Ind.	Denumire indicator	Punctaj	Unitatea de masura/ Punctaj realizat
Realizări științifice semnificative în calitate de autor principal			
II	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu <i>p</i> , realizate în calitate de autor principal	3 + (3 x IF)	Articol
	1. Mihăiță E, Badau D, Stoica M, Mitrache G, Stănescu MI, Hidi IL, Badau A , Damian C, Damian M. Identification of Perception Differences in Personality Factors and Autonomy by Sporting Age Category in Competitive Bodybuilders. <i>International Journal of Environmental Research and Public Health</i> . 2023; 20(1):167. https://doi.org/10.3390/ijerph20010167 , WOS:000909312900001. FI (2021) = 4.614, (contributie egala) https://www.mdpi.com/1660-4601/20/1/167	3 + (3 x 4,614)	16,842
	2. Badau D, Badau A . Optimizing Reaction Time in Relation to Manual and Foot Laterality in Children Using the Fitlight Technological Systems. <i>Sensors</i> . 2022; 22(22):8785. WOS:000887608900001. https://doi.org/10.3390/s22228785 , FI=3.847 https://www.mdpi.com/1424-8220/22/22/8785	3 + (3 x 3.847)	14,541
	3. Badau, A. ; Trifan, I.-M. Promote Positive Behaviors in Preschoolers by Implementing an Innovative Educational Program for the Training and Development of Social and Emotional Skills (DeCo-S.E.). <i>Int. J. Environ. Res. Public Health</i> 2022, 19, 14931. https://doi.org/10.3390/ijerph192214931 , IF(2021)=4.614, WOS: 000887192900001 https://www.mdpi.com/1660-4601/19/22/14931	3 + (3 x 4,614)	16.842
	4. Badau D, Badau A , Ene-Voiculescu C, Larion A, Ene-Voiculescu V, Mihaila I, Fleancu JL, Tudor V, Tifrea C, Cotovanu AS, Abramiuc A. The Impact of Implementing an Exergame Program on the Level of Reaction Time Optimization in Handball, Volleyball, and Basketball Players. <i>International Journal of Environmental Research and Public Health</i> . 2022; 19(9):5598. https://doi.org/10.3390/ijerph19095598 , WOS:000794413000001, IF (2021) 4,614 (autor de corespondenta) https://www.mdpi.com/1660-4601/19/9/5598	3 + (3 x 4,614)	16,842

5.	Badau A , Szabo-Csifo B, Ciulea L, Alexandrescu R, Badau D. The Effects Induced by a Specific Program on the Development of Segmental Flexibility in Athletes Aged 7–14 in Synchronized Swimming. <i>Children</i> . 2022; 9(1):17. https://doi.org/10.3390/children9010017 , WOS:000747181900001, IF (2021) 2,835 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8774398/	3 + (3 x 2,835)	11,505
6.	Cotrobas-Dascalu VT, Badau D, Stoica M, Dreve AA, Predescu CML, Gherghel CL, Bratu M, Raducu P, Oltean A, Badau A . Impact of Kinesiotherapy and Hydrokinetic Therapy on the Rehabilitation of Balance, Gait and Functional Capacity in Patients with Lower Limb Amputation: A Pilot Study. <i>J Clin Med</i> . 2022 Jul 15;11(14):4108. doi: 10.3390/jcm11144108, WOS:000831915600001, IF (2021) 4,964, https://www.mdpi.com/2077-0383/11/14/4108	3+(3 x 4,964)	17,892
7.	Gherghel A, Badau D, Badau A , Moraru L, Manolache GM, Oancea BM, Tifrea C, Tudor V, Costache RM. Optimizing the Explosive Force of the Elite Level Football-Tennis Players through Plyometric and Specific Exercises. <i>International Journal of Environmental Research and Public Health</i> . 2021; 18(15):8228. https://doi.org/10.3390/ijerph18158228 , WOS:000681825200001, IF (2021) 4,614 (autor de corespondenta) https://www.mdpi.com/1660-4601/18/15/8228	3 + (3 x 4,614)	16,842
8.	Badau D, Badau A , Trambitas C, Trambitas-Miron D, Moraru R, Stan AA, Oancea BM, Turcu I, Grosu EF, Grosu VT, Daina LG, Daina CM, Suteu CL, Moraru L. Differences between Active and Semi-Active Students Regarding the Parameters of Body Composition Using Bioimpedance and Magnetic Bioresonance Technologies. <i>International Journal of Environmental Research and Public Health</i> . 2021; 18(15):7906. https://doi.org/10.3390/ijerph18157906 , WOS:000681876200001, IF (2021) 4,614 https://www.mdpi.com/1660-4601/18/15/7906 , (contributie egala)	3 + (3 x 4,614)	16,842
9.	Badau D, Badau A , Manolache G, Ene MI, Neofit A, Grosu VT, Tudor V, Sasu R, Moraru R, Moraru L. The Motor Impact of the Static Balance in the Up Plank Position on Three Different Balls in Physical Activities of Physical Education Students. <i>International Journal of Environmental Research and Public Health</i> . 2021; 18(4):2043. https://doi.org/10.3390/ijerph18042043 , WOS:000623581400001, IF (2021) 4,614 https://www.mdpi.com/1660-4601/18/4/2043 , (autor de corespondenta)	3 + (3 x 4,614)	16,842
10.	Badau, A. , Badau, D.; Enoiu RS. Evaluation of Stable Balance Capacity by Using Bosu Ball Surfaces on Different Pressure Levels, <i>Materiale Plastice</i> , 2019; 56(1): 216-219, WOS:000464604100043, FI (2018) = 1.393 https://doi.org/10.37358/MP.19.1.5154 , https://revmaterialeplastice.ro/Articles.asp?ID=5154	3 + (3 x 1.393)	7,179
11.	Adela Badau , Dana Badau, Razvan Sandu Enoiu, Marius Neculoiu, Carmen Daniela Neculoiu, Virgil Tudor, Radu Cristian Sasu, Carmen Ene Voiculescu, Virgil Ene Voiculescu, Stefan Teris, Claudiu Mereuta, Costin Eugen Dan, Adriana Clipa, Dina Constantin - <i>The Influence of Body Mass of Water Level on Cardiovascular and Urinary Parameters at Athlete Students</i> , REV.CHIM.(Bucharest), vol 70, No. 9, 2019, FI= 1,755 (2019), WOS:000489958900039 https://www.revistadechimie.ro/pdf/40%20BADAU%209%2019.pdf	3+(3x1,755)	8,265
12.	Badau, D.; Badau, A . Identifying the Incidence of Exercise Dependence Attitudes, Levels of Body Perception, and Preferences	3 + (3 x 2.468)	10,407

	for Use of Fitness Technology Monitoring. <i>Int. J. Environ. Res. Public Health</i> 2018, 15, 2614. https://doi.org/10.3390/ijerph15122614 , WOS:000456527000005, IF (2018) 2.468 https://www.mdpi.com/1660-4601/15/12/2614		
	13. Badau, D.; Badau, A. Clipa A. Interaction Between Values of Anthropometric Body and Static Balance Related to the Characteristics of the Three Plastic Fitness Equipment, <i>MATERIALE PLASTICE</i> , 2018; 55(4): 600-602, https://doi.org/10.37358/MP.18.4.5082 , WOS:000454987400029, FI (2018) = 1.393, https://revmaterialeplastice.ro/Articles.asp?ID=5082	3 + (3 x 1.393)	7.179
	14. Badau D, Badau A - The motric, Educational, Recreational and Satisfaction Impact of Adventure Education Activities in the Urban Tourism Environment, <i>Sustainability</i> 2018, 10(6), 2106; 1-13. https://doi.org/10.3390/su10062106 , http://www.mdpi.com/2071-1050/10/6/2106 , WOS:000436570100418, FI=2,592 (2018)	3 + (3 x 2.592)	10,776
	15. Badau A. ; Badau D.; Serban C., Tarcea M.; Rus V. Wellness integrative profile 10 (WIP10) — an integrative educational tool of nutrition, fitness and health, <i>JPak Med Assoc.</i> , 2018; 68 (6):882-887. http://jpma.org.pk/PdfDownload/8722.pdf , WOS:000432457500011, FI = 0.642 (2018)	3 + (3 x 0.642)	4,926
	16. Badau D, Badau A , Paraschiv F, Rogoza L, Al Hussein H, Brinzaniuc K. Influences of Vitamin A and E Supplementation on Haematological, Functional and Oxidative Balance Parameters on Handball Players. <i>Rev.Chim.(Bucharest)</i> , 2018;69(2): 332-336, https://doi.org/10.37358/RC.18.2.6101 http://www.revistadechimie.ro/article_eng.asp?ID=6101 WOS:000427327700010, FI=1.605 (2018) (autor de corespondenta)	3 + (3 x 1.605)	7,815
	17. Flaviu Stelian Dusa, Adela Badau , Dana Badau, Cristian Trambitas, Klara Brinzaniuc- <i>Investigating the Deformation Parameters of PVC Fitness Balls in Relation to the Height and Body Mass Index of the users</i> , Revista Materiale plastice, decembrie 2017, Vol. 54, nr. 4, pag. 606-609, FI = 1.248 , (autor correspondent), WOS: 000426412500002. http://www.revmaterialeplastice.ro/pdf/2%20DUSE%204%2017.pdf	3+(3x1.248)	6.744
		Total II	208.281
I2	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format <i>in extenso</i> (full-text), realizate în calitate de autor principal	3 +IF	Articol
	1. Bădău, A. , Alexandrescu, R., Bădău, D. (2021). Perception regarding the Acquiring of Didactic Competences of the Students from the Final Year at the Specialization Physical and Sports Education, in the Online Educational Process. <i>Bulletin of the Transilvania University of Braşov. Series IX: Sciences of Human Kinetics</i> , 14, 1, 125-134. https://webbut.unitbv.ro/index.php/Series_IX/article/view/396	3	3
	2. Badau, D., Badau, A. Ranking of the education and social benefits, the responsibilities, the professional competencies of sport counseling process in the opinion of sports and physical education experts. <i>International Journal of Sport Exercise and Training Sciences-IJSETS</i> , 6(4), 2020, 129-137. DOI:10.18826/useeabd.815406, https://dergipark.org.tr/en/pub/useeabd/issue/58417/815406	3	3
	Indexare Cross\Reff- full text, Erih Plus, Doaj		

https://doaj.org/toc/2149-8229?source=%7B%22query%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.isn.exact%22%3A%22149-8229%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%2C%7B%22terms%22%3A%7B%22index.isn.exact%22%3A%5B%22149-8229%22%5D%7D%7D%5D%7D%7D%2C%22size%22%3A100%2C%22_source%22%3A%7B%7D%2C%22track_total_hits%22%3Atrue%7D		
<p>3. Adriana Neofit, Dana Bădău, Mircea Ion-Ene, Adela Bădău -Study on the Development of Spatial Orientation and Segmental Coordination Through Judo-Specific Means in Children, Health, Sports & Rehabilitation Medicine, Vol. 20, No. 1, January-March 2019, http://jhsrm.org/health-sports-rehabilitation-medicine-vol-20-no-1-january-march-2019/study-on-the-development-of-spatial-orientation-and-segmental-coordination-through-judo-specific-means-in-children/</p> <p>Indexare Ebsco- abstract , https://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=15821943&AN=136435431&h=sJ%2ffXgAfm%2fyQ033nFoTrWdEDTicb%2foAn9XmLgyp9HK7Q8yrEDyDS%2fz5kh6ASbGFrd%2bFjxOMnBe6suovDnkZlw%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d15821943%26AN%3d136435431</p> <p>CrossRef – full text https://doi.org/10.26659/pm3.2019.20.1.4</p>	3	3
<p>4. Adela Badau, Anca Rachita, Cristian Radu Sasu, Adriana Clipa - <i>Motivations and the Level of Practicing Physical Activities by Physio-Kinetotherapy Students</i>, Education Sciences, 2018, 8(3), nr. art. 97, pag. 1-9, doi:10.3390/educsci8030097, WOS: 000445338600007. https://www.mdpi.com/2227-7102/8/3/97</p>	3	3
<p>5. Badau D., Talaghir L.G., Rus V., Badau A. <i>The Impact of the Needs and Roles of Nutrition Counselling in Sport</i>. Human. Sport. Medicine, 2018, vol. 18, no. 2, pp. 88–96. DOI: 10.14529/hsm180208, WOS: 000437542200008, https://cyberleninka.ru/article/v/the-impact-of-the-needs-and-roles-of-nutrition-counselling-in-sport</p>	3	3
<p>6. Badau D, Baydil B, Badau A. - Differences among Three Measures of Reaction Time Based on Hand Laterality in Individual, <i>Sports</i>. 2018; 6(2):45. https://doi.org/10.3390/sports6020045, ISSN 2075-4663, fără FI, http://www.mdpi.com/2075-4663/6/2/45,</p>	3	3
<p>7. Badau, D; Talaghir, L.G.; Rus, V.; Badau, A. <i>The impact of the needs and roles of nutrition counselling in sport</i>. Human Sport Medicine, 2018; 18(2): 88-96. DOI: 10.14529/hsm180208. WOS:000437542200008 https://cyberleninka.ru/article/n/the-impact-of-the-needs-and-roles-of-nutrition-counselling-in-sport</p>	3	3
<p>8. Badau Adela. <i>Study of somatic, motor and functional effects of practicing initiation programs in water gymnastics and swimming by students of physical education and sports</i>. Physical education of students, 2017; 21(4): 158-164, WOS:000412455000002, doi:10.15561/20755279.2017.0402 http://sportedu.org.ua/index.php/PES/article/view/459 Indexare: WOS: full-text, CrossRef: full-text: http://dx.doi.org/10.15561/20755279.2017.0402 Doaj full-text: https://doaj.org/article/5fa5768d424e4d39b6a83b853c5e4d06</p>	3	3

9.	<p>Alpaslan Gorucu, Bekir Tokay, Adela Badau. <i>The effects of three different type of exercises on aerobic and anaerobic power</i>. Physical education of students, 2017; 21(4): 152-157, WOS:000412455000001, doi:10.15561/20755279.2017.0401 http://sportedu.org.ua/index.php/PES/article/view/458/370</p>	3	3
10.	<p>Bădău D, Papp E., Dușa FS, Macovei I, Mălăncrăvean PM, Ion-Ene M, Neofit N, Ungur RN, Bădău A. <i>Improving balance by experimenting through animal-assisted therapies</i>, Palestrica of the third millennium – Civilization and Sport Vol. 18, no. 3, July-September 2017, pag. 139–143, https://doi.org/10.26659/pm3.2017.18.3.139, http://pm3.ro/pdf/69/08%20-%20badau%20%20%20%20139-143.pdf, Indexare: CrossRef: https://doi.org/10.26659/pm3.2017.18.3.139, Doaj full-text: https://doaj.org/toc/2247-7322?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.issn.exact%22%3A%222247-7322%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%7D%2C%22from%22%3A0%2C%22size%22%3A100%7D EBSCO- full-text https://www.ebscohost.com/titleLists/a9h-journals.htm</p>	3	3
11.	<p>Adela Badau, Dana Badau- <i>A Study Regarding the Level of Performance Specific to Backstroke Swimming with Students at Physical Education and Sport</i>, International Journal of Science Culture and Sport, June 2017, 5(2), ISSN: 2148-1148, Doi:10.14486/IntJSCS647, pag. 60-67, http://www.iscsjournal.com/Makaleler/1020457216_5c2s_1.pdf Indexare: CrossRef – full-text: http://dx.doi.org/10.14486/IntJSCS647 Doaj: https://doaj.org/toc/2148-1148?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.issn.exact%22%3A%222148-1148%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%7D%2C%22from%22%3A0%2C%22size%22%3A100%7D</p>	3	3
12.	<p>Adela Bădău – <i>The Influence of Anthropometric Indices on Execution Technique Specific to Crawl Swimming for Students of Physical Education and Sport Specialization</i>, International Journal of Science Culture and Sport, December 2016, 4(4), ISSN: 2148-1148, Doi: 10.14486/IntJSCS591, pag. 381-389, http://www.iscsjournal.com/Makaleler/239276600_4c4s_3.pdf Indexare: Doaj- full-text: https://doaj.org/search?source=%7B%22query%22%3A%7B%22query_string%22%3A%7B%22query%22%3A%22Badau%20Adela%22%2C%22default_field%22%3A%22bibjson.author.name%22%2C%22default_operator%22%3A%22AND%22%7D%7D%2C%22from%22%3A0%2C%22size%22%3A10%7D CrossRef full-text: https://doi.org/10.14486/intjscs591</p>	3	3
13.	<p>Bădău Dana; Bădău A. - <i>The influence of various types of water gymnastics upon the exercise capacity</i>, International Journal of Science Culture and Sport (IntJSCS), Vol 3, No 4 (2015): Number: 14(94-102), http://www.iscsjournal.com/Makaleler/1092031960_3c4s_8.pdf Indexare: CrossRef Doi:10.14486/IntJSCS463, Doaj</p>	3	3

	https://doaj.org/toc/2148-1148 , CiteFactor http://www.citefactor.org/journal/index/11977/international-journal-of-science-culture-and-sport-intjscs#.VNd4OvmsXW4		
14.	Bădău A. , Bădău D. - Carving Technique – Methodical Perspectives, International Journal of Science Culture and Sport (IntJSCS), Vol 3, No 3 (2015): Number: 13 (78-84), https://dergipark.org.tr/tr/download/article-file/91949 Indexare: Cross Ref Doi:10.14486/IntJSCS435, Doaj (fiull text) https://doaj.org/toc/2148-1148 ,	3	3
15.	Bădău D. Prebeg G., Dusan M., Bădău A. – <i>Fitness Index And Vo_{2max} Of Physical Education Students</i> , Ovidius Univeristy Annals, Series Physical Education and Sport, Science, Movement and health, acceptat spre publicare in vol. XV, Issue 2, ISSN: 1224-7359, Ovidius University Press, Constanta 2015, http://www.analefefs.ro/anale-fefs/arhiva.php , Indexare: Ebsco https://www.ebscohost.com/titleLists/s4h-coverage.pdf , DOAJ https://doaj.org/toc/1224-7359 , (autor de corespondenta)	3	3
16.	Bădău A. , Ungur R., Iconomescu T., Bădău Dana - <i>The influence on balance capacity of the practice environment of ludic recreational activities</i> , Procedia - Social and behavioral Sciences Journal nr. 137 (2014), indexată în Science Direct, https://www.sciencedirect.com/journal/procedia-social-and-behavioral-sciences/vol/137 , Scopus. p. 11-16, doi:10.1016/j.sbspro.2014.05.245, http://ac.els-cdn.com/S1877042814036775/1-s2.0-S1877042814036775-main.pdf?_tid=7805721c-aeb4-11e4-8758-00000aab0f6b&acdnat=1423305265_34b0c7d0222c7306a3f03f4e628cf743 ,	3	3
17.	Bădău A. , Ungur R., Iconomescu T., Bădău Dana - <i>The influence upon functional capacity of ludic recreational activities carrier out in various environment</i> , Analele Universitatii „Dunarea de Jos” Galati Physical Education and Sport Management, Fascicule XV, cod CNCISIS 644, 2013, pag 22 – 27, http://www.efms.ugal.ro/ ; Indexare: Doaj http://doaj.org/toc/a9aa33facc4a401d9d23d8657e7f414b , Ebsco http://www.ebscohost.com/titleLists/s4h-coverage.htm , Ulrich http://www.efms.ugal.ro/images/1454-9832.png ,	3	3
18.	Bădău D., Bădău A. - <i>Correlation between stress level and physical activity index</i> , Analele Universitatii „Dunarea de Jos” Galati Physical Education and Sport Management, Fascicule XV, nr. 2, 2012, cod CNCISIS 644, pag 15 – 18, http://www.efms.ugal.ro/index.php/archiva/2012/104-anale-efsm-2012-nr2 , Indexare: Doaj http://doaj.org/toc/a9aa33facc4a401d9d23d8657e7f414b , Ebsco http://www.ebscohost.com/titleLists/s4h-coverage.htm , Ulrich http://www.efms.ugal.ro/images/1454-9832.png ,	3	3
19.	Bădău A. , Ionescu Bondoc D., Bădău D. - <i>Aquagim – o new method for improving the physical capacity</i> , The Annals of “Dunarea de Jos” University of Galati, Fascicule XV, ISSN: 1454–9832, 2012, pag. 17-23,, Cotatie CNCISIS: B+, cod 644, http://www.efms.ugal.ro/ ; Indexare: Doaj http://doaj.org/toc/a9aa33facc4a401d9d23d8657e7f414b , Ebsco http://www.ebscohost.com/titleLists/s4h-coverage.htm , Ulrich http://www.efms.ugal.ro/images/1454-9832.png ,	3	3
20.	Bădău D., Hansa C., Neagu N., Bădău A. - <i>Determination of the biological and socio-cultural laterality – arguments and exemples</i> , The Annals of “Dunarea de Jos” University of Galati, Fascicule XV, ISSN: 1454–9832, 2010, pag. 144-146, Cotatie CNCISIS: B+, cod 644, http://www.efms.ugal.ro/ , http://www.efms.ugal.ro/index.php/archiva/2010/94-2010-part1-open-access , Indexare: Doaj	3	3

	http://doaj.org/toc/a9aa33face4a401d9d23d8657e7f414b , Ebsco http://www.ebscohost.com/titleLists/s4h-coverage.htm , Ulrich http://www.efms.ugal.ro/images/1454-9832.png ,		
		Total I2	60
I3	Cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	12x1	Carte
	1. Szabo-Csifo Barna, Ciulea Laura, Badau Adela – <i>Activitati motrice adaptate: aplicatii practice</i> , Ed. RisoPrint, Cluj Napoca, ISBN: 978-973-53-2851-1, 2022, nr. pag. 112, cod CNCSIS 178	12	12
	2. Badau Dana, Badau Adela , Grancea Marius – <i>Fitness. Postură și mișcare</i> , Ed. Universității „Transilvania” din Brașov, ISBN 978-606-19-0964-3, 2018, nr. pag: 160, cod CNCSIS 81.	12	12
	3. Bădău Adela , Ungur Natalia Ramona, Bădău Dana – <i>Activitățile fizice acvatice indoor</i> , Ed. Universității „Transilvania” din Brașov ISBN 978-973-169-465-8, 2016, nr. pag: 131, cod CNCSIS 81.	12	12
	4. Bădău Adela , Bădău Dana - <i>Aqua-pullpush-gym. O metoda inovatoare de gimnastica în apă</i> , Edit. Universității Transilvania din Brasov, 2011, ISBN 978-973-598-865-1 http://webbut.unibv.ro/editura/Editura%202011/domenii/2011/ST.pdf	12	12
		Total I3	48
I4	Capitole în cărți publicate în calitate de autor principal în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	3 x m	Capitol
Realizări științifice semnificative în calitate de co-autor			
I5	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mare sau egal cu p , realizate în calitate de co-autor	$3 + [(3 \times \text{IF}) / n]$	Articol
	Dana Bădău, Anca Bacărea, Ramona Natalia Ungur, Adela Bădău , Alina Mirela Martoma – <i>Biochemical and functional modifications in biathlon athletes at medium altitude training</i> , Revista Română de Medicină de Laborator, Nr. 24(3)/2016, FI = 0,325 (2016), pag. 327-335, DOI:10.1515/rrlm-2016-0008, WOS:000386921700006, http://www.rrml.ro/articole/articol.php?year=2016&vol=3&poz=6	$3 + [(3 \times 0.325) / 5]$	3.195
		Total I5	3.195
I6	Contribuții <i>in extenso</i> de tip <i>article</i> sau <i>review</i> , publicate în reviste indexate în Web of Science (ISI), al căror IF este mai mic decât p sau în reviste neindexate Web of Science (IF = 0), dar indexate în cel puțin două baze de date internaționale recunoscute, din care în cel puțin una se regăsește în format <i>in extenso</i> (full-text), realizate în calitate de co-autor	$(3 + \text{IF}) / n$	Articol
	1. Dana Badau, Valeriu Tomescu, Adela Badau , Ștefan Adrian Martin. <i>Differences among Elite Female Rowers Regarding Carbohydrate Consumption at Rest</i> , International Journal of Science Culture and Sport, June 2016: 4(2) ISSN: 2148-1148 Doi: 10.14486/IntJSCS518, pag. 230-239, http://www.iscsjournal.com/Makaleler/2002572430_4c2s_10.pdf Indexare: Doaj: https://doaj.org/toc/2148-1148 CrossRef- full-text: https://doi.org/10.14486/intjscs518	3/4	0.75
		Total I6	0.75
I7	Cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	12 x m/n	Carte
I8	Capitole în cărți publicate în calitate de co-autor în edituri clasificate A1 sau A2 ($m A1 = 3$; $m A2 = 1$)	3 x m/n	Capitol
Alte realizări științifice			
I9	Lucrări <i>in extenso</i> (tip <i>proceedings</i>) indexate WoS sau altă BDI recunoscută, realizate în calitate de autor principal, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI	1	Lucrare
I10	Lucrări <i>in extenso</i> (tip <i>proceedings</i>) indexate WoS sau altă BDI	1/n	Articol

	recunoscută, realizate în calitate de co-autor, publicate în volumele unor conferințe internaționale, cu relevanță pentru domeniul de abilitare, disponibile în format full-text în cel puțin o BDI		
	Badau, Dana; Badau, A.; Paraschiv, F.; Manolache G., Talaghir L.G., Neagu N.- <i>Level Determination of Space Orientation Depending on Manual Laterality and Using Artificial Intelligence Techniques</i> , Conference: 9th WSEAS International Conference on Artificial Intelligence, Knowledge Engineering and Data Bases Location: Univ Cambridge, Cambridge, ENGLAND Date: FEB 20-22, 2010, Book Series: Artificial Intelligence Series-WSEAS Pages: 108-113 Published: 2010, WOS:000276785100017, https://www.semanticscholar.org/paper/Level-determination-of-space-orientation-depending-Badau-Badau/d0907bca506aa5857a908058c5a729ecaa9d2898	1/6	0.16
		Total I9	0.16
I11	Alte articole <i>in extenso</i> publicate în calitate de autor / co-autor în reviste științifice, cu condiția ca revistele să fie indexate la nivel de rezumat în cel puțin o bază de date internațională recunoscută	1/n	Articol
	1. Dana BĂDĂU , Adela BĂDĂU, Ramona Natalia UNGUR, Flaviu Stelian DUȘA, Veronica MINDRESCU - <i>Using Computer-Gaming Tests to Evaluate Hand Simple Reaction time to Visual Stimulus</i> , Sport și Societate. Revista de Educație Fizică, Sport și Științe conexe. 2016, Vol. 16, Issue 1, pag. 29-35, file:///C:/Users/Adela/Downloads/BADAU%20(3).pdf Indexare: Ebsco - abstract: http://web.a.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=15822168&AN=119299786&h=I2q3R4BLBhI%2b5bC2hLfbbo6vGkhnt5jO9muDjX%2bMCn7aqlzienpleY5vlUATokvJniRWcS6ucBqJL%2b1EdFD1%2fw%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrINotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d15822168%26AN%3d119299786	1/5	0.20
	2. Adela Badau , Dana Badau, Bondoc – Ionescu Dragos. <i>Balance improvement through ludic recreational water activities like aqua-pullpush-gym</i> , Bulletin of the Transilvania University of Brașov, Series IX: Sciences of Human Kinetics • Vol. 6 (55) No. 1, 2013, cod CNCS 644, pag. 65 - 70, ISSN: 2344–2026, http://webbut.unitbv.ro/BU2013/Series%20IX/BULETIN%20IX%20PDF/III_01_BADAU.pdf Indexare: Ebsco https://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=23442026&asa=Y&AN=115297338&h=cpaugMzNchh75bI7XkxNweAluLBhBazVA8tR%2fKvQn55dl7r1mxew8ly899HstQG7hpYcNWeVgTrYHHupuldVNw%3d%3d&crl=c&resultNs=AdminWebAuth&resultLocal=ErrCrINotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d23442026%26asa%3dY%26AN%3d115297338	1/3	0.33
	3. Badau, D., Cosac G., Rogoza, L., Badau, A. <i>Comparative study regarding biological adaptation in sports games</i> , Recent Advances in Applied and Biomedical Informatics and Computational Engineering in Systems Applications, 2011, Florence, Italy, pp.372-375, ISBN: 978-1-61804-028, http://www.wseas.us/e-library/conferences/2011/Florence/AIASABEBI/AIASABEBI-60.pdf	1/3	0.33

	Indexare: Scopus- abstract- http://www.scopus.com/authid/detail.url?authorId=35329098400		
		Total I11	0.86
I 12	Cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B ($m B = 0,5$)	12 x m/n	Carte
	Bădău Dana , Dusa Flaviu, Bădău Adela – <i>Educația fizică și sportul: teste grila</i> , Edit University Press, Tirgu Mures, 2015, ISBN 978-973-169-416-0	12x0.5/3	2
		Total I12	2
I 13	Capitole în cărți publicate în calitate de autor / co-autor în edituri clasificate de tip B ($m B = 0,5$)	3 x m/n	Capitol
I 14	Autor / co-autor rapoarte de analiză de politici/strategii educaționale 14.1 rapoarte internaționale ($m = 3$); 14.2 rapoarte naționale ($m = 1$)	8 x m/n	Raport
I 15	Brevete de invenție / drepturi de autor / mărci înregistrate OSIM/ORDA, ca urmare a unui demers de inovare științifică în vederea elaborării de materiale curriculare, teste psihologice sau educaționale, teste motrice / functionale, softuri specializate etc.	3/n	Brevet / drept de autor

A 2. Vizibilitate și impact științific

Indicator	Denumirea indicatorului	Punctaj	Unitatea de măsură
I16	Citări ale publicațiilor candidatului în lucrări indexate Web of Science (autocitările sunt excluse)	0.5	Citare
	<p>Dana Badau, Adela Badau -<i>The motric, Educational, Recreational and Satisfaction Impact of Adventure Education Activities in the Urban Tourism Environment</i>, Sustainability, 2018, 10(6), nr. art. 2106; pp. 1-13, WOS:000436570100418, https://doi.org/10.3390/su10062106 http://www.mdpi.com/2071-1050/10/6/2106,</p> <p>Citata in:</p> <ol style="list-style-type: none"> Mocanu, GD., Onu, I. - The influence of specialization and the level of physical activism on leisure options for students of the Faculty of Physical Education and Sports, Balnea and PRM Research Journal, 2022, 13(2), nr. art. 501, pp. 1-24, WOS:000822430700008, index bibliographic 49, citare p. 8. https://bioclima.ro/Journal/index.php/BRJ/article/view/95 Yildiz, K. - Experiential learning from the perspective of outdoor education leaders, Journal of Hospitality, Leisure, Sport & Tourism Education, 2022, 30, nr. art. 100343, pp. 1-12, WOS:000805501300002, indice bibliographic 9, citare pag. 3. https://www.sciencedirect.com/science/article/abs/pii/S1473837621000447 Guan, HM., Guo, X.- Coupling Coordination Analysis of Urban Tourism Environment Quality and the Tourism Economy: A Case Study of Nanjing City, 2022, vol. 2022, nr. art. 9518122, pp. 1-13, WOS:000772999400008, indice bibliographic 18, citare pag. 3. https://www.hindawi.com/journals/mpe/2022/9518122/ Mocanu, GD., Dobrescu, T. - Education of the Lower Body Flexibility in Students by Combining Various Types of Stretching during Physical Education Lessons. Revista Romaneasca pentru Educatie Multidimensionala, 2021, 13(4), pp. 435-453, WOS:000768418500025, index bibliographic 8, citare pag. 436. 	0.5x15	7,5

	<p>https://lumenpublishing.com/journals/index.php/rrem/article/view/4388</p> <p>5. Mocanu, C.D.; Murariu, G.; Munteanu, D. The Influence of Socio-Demographic Factors on the Forms of Leisure for the Students at the Faculty of Physical Education and Sports. <i>Int. J. Environ. Res. Public Health</i> 2021, 18, nr. art. 12577. Pp. 1-24, WOS:000735052100001, indice bibliographic 12, citare pag. 2. https://www.mdpi.com/1660-4601/18/23/12577</p> <p>6. Mocanu, George-Danut, Iordan, Daniel-Andrei - The Influence of Body Index Mass on the Leisure Types for the Students of the Faculty of Physical Education and Sports, <i>Balnea and PRM Research Journal</i>, 2021, 12(3), pp. 233-247, WOS:000686373200005, indice bibliographic 12, citare pag. 234 http://bioclima.ro/Balneo443.pdf</p> <p>7. Mocanu GD, Murariu G, Georgescu L, Sandu I. Investigating the Attitudes of First-Year Students of the Faculty of Physical Education and Sports of Galati towards Online Teaching Activities during the COVID-19 Pandemic. <i>Applied Sciences</i>. 2021; 11(14):6328, pp.1-19, WOS:000675906600001, index bibliographic 30, citare p. 4. https://www.mdpi.com/2076-3417/11/14/6328</p> <p>8. Yuqing Geng, Mukasar Maimaituexun, Han Zhang - Coupling Coordination of Water Governance and Tourism: Measurement and Prediction, <i>Hindawi, Discrete Dynamics in Nature and Society</i>, Vol. 2020, Article ID 3683918, pp. 1-13, WOS:000522953700001, indice bibliographic 15, citare pag. 2. https://www.hindawi.com/journals/ddns/2020/3683918/</p> <p>9. Yuqing Geng, Zejun Wei, Han Zhang, Mukasar Maimaituexun - Analysis and Prediction of the Coupling Coordination Relationship between Tourism and Air Environment: Yangtze River Economic Zone in China as Example, <i>Hindawi, Discrete Dynamics in Nature and Society</i>, Vol. 2020, Article ID 1406978, pp. 1-15, WOS:000514603300001, indice bibliographic 39, citare pag. 2. https://www.hindawi.com/journals/ddns/2020/1406978/</p> <p>10. Bayrakdar, Akan; Genc, Ayca; Karaman, Merve- The Relationship Between the Level of Physical Activity and Daily Life Habits of Adolescents, <i>International Journal of Applied Exercise Physiology</i>, 2019, 8(3), WOS:000487282200014, index bibliographic 9, citare p, 33. https://www.semanticscholar.org/paper/The-Relationship-Between-the-Level-of-Physical-and-Bayrakdar-Gen%C3%A7/24d84c31428c927a9847ebc366de9832593526f0#cited-papers</p> <p>11. Yildiz, Kadir; Guzel, Pinar; Zerengok, Devrim- A theoretical approach to the use of information and communication technologies in Physical Education, <i>SPORT TK-REVISTA EUROAMERICANA DE CIENCIAS DEL DEPORTE</i>, 2019, 8(2); pp. 81-87, WOS: 000477746800009, indice bibliographic 4, citare pag. 84. https://digitum.um.es/digitum/bitstream/10201/76692/1/391801-</p>		
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	<p>Badau A.; Badau D.; Serban C., Tarcea M.; Rus V. <i>Wellness integrative profile 10 (WIP10) — an integrative educational tool of nutrition, fitness and health</i>, JPak Med Assoc., 2018, 68(6), 882-887. WOS:000432457500011, http://jpma.org.pk/PdfDownload/8722.pdf, Citata in:</p> <p>1. Cinpeanu, Oana Cristina; Rus, Victoria; Tarcea, Monica- Insight about Colonic Microbiota Imbalance and Obesity, Bulletin of University of Agricultural Sciences and Veterinary Medicine Cluj-Napoca-Food Science and Technology, 2019, 76(1), pp. 19-26, WOS:000470756300003, index bibliografic 3, citare pag. 25. https://journals.usamvcluj.ro/index.php/fst/article/view/13281</p> <p>2. Bayrakdar, Akan; Genc, Ayca; Karaman, Merve- The Relationship Between the Level of Physical Activity and Daily Life Habits of Adolescents, International Journal of Applied Exercise Physiology, 2019, 8(3), WOS:000487282200014. index bibliografic 8, citare pag. 33 https://www.researchgate.net/publication/336411771_The_Relationship_Between_the_Level_of_Physical_Activity_and_Daily_Life_Habits_of_Adolescents</p> <p>3. Badicu, G. Physical Activity and Sleep Quality in Students of the Faculty of Physical Education and Sport of Braşov, Romania. <i>Sustainability</i> 2018, 10, nr. art. 2410, pag 1-10, WOS:000440947600301, index bibliografic 29, citare pag. 8. https://www.mdpi.com/2071-1050/10/7/2410</p> <p>4. Yasarturk, F.; Akyüz, H.; Karatas, I.; Turkmen, M. The</p>	0.5x6	3

	<p>Relationship between Free Time Satisfaction and Stress Levels of Elite-Level Student-Wrestlers. <i>Educ. Sci.</i> 2018, 8, 133. WOS:000445338600043, index bibliografic 2, citare pag. 1 https://www.mdpi.com/2227-7102/8/3/133</p> <p>5. Yılmaz, A.; Soyer, F. Effect of Physical Education and Play Applications on School Social Behaviors of Mild-Level Intellectually Disabled Children. <i>Educ. Sci.</i> 2018, 8, 89, WOS: 000436493600051, index bibliografic 18, citare pag. 2 https://www.mdpi.com/2227-7102/8/2/89</p> <p>6. Ayhan, C.; Ekinçi, N.E.; Yalçın, İ.; Yiğit, Ş. Investigation of Constraints that Occur during Participation in Leisure Activities by High School Students: A Sample of Turkey. <i>Educ. Sci.</i> 2018, 8, 86. WOS:000436493600048, index bibliografic 16, citare pag. 2 https://www.mdpi.com/2227-7102/8/2/86</p>		
	<p>Flaviu Stelian Dusa, Adela Badau, Dana Badau, Cristian Trambitas, Klara Brinzaniuc- <i>Investigating the Deformation Parameters of PVC Fitness Balls in Relation to the Height and Body Mass Index of the users</i>, Revista Materiale plastice, decembrie 2017, Vol. 54, nr. 4, pag. 606-609, WOS: 000426412500002. http://www.revmaterialeplastice.ro/pdf/2%20DUSE%204%2017.pdf, Citata in:</p> <ol style="list-style-type: none"> 1. Bogdan Andrei Suciuciu, Ioana Halmaciu, Cristian Trambitas, Dumitru Godja, Ariana Clipa, Cosmin Nocoiescu, Klara Brinzaniuc, Vlad Vuvulea - Comparative Study on the Need for Postoperative Analgesic Medication After Surgical Treatment of Inguinal Hernia with Surgical Mesh through Laparoscopic or Classic Approach, Revista de materiale plastice, 2018, 55 (3), WOS:000452711500027, index bibliografic 18, citare pag. 383. https://revmaterialeplastice.ro/pdf/27%20SUCIU%20B%203%2018.pdf 2. Ioana Halmaciu, Bogdan Andrei Suciuciu, Cristian Trambitas, Vlad Vuvulea, Adrian Ivanescu, Adriana Clipa, Petru Adascalitei, Klara Brinzaniuc, Decebal Fodor - It is Useful to Use Plastic Anatomical Models in Teaching Human Anatomy? Revista de materiale plastice, 2018, 55 (3), WOS:000425711500034, index bibliografic 3, citare pag. 416. https://revmaterialeplastice.ro/pdf/34%20HALMACIU%203%2018.pdf 3. Bădicu, G. Physical Activity and Health-Related Quality of Life in Adults from Braşov, Romania. <i>Educ. Sci.</i> 2018, 8, 52, WOS:000436493600014, index bibliografic 21. citare pag. 2 https://www.mdpi.com/2227-7102/8/2/52 4. Yılmaz, A.; Soyer, F. Effect of Physical Education and Play Applications on School Social Behaviors of Mild-Level Intellectually Disabled Children. <i>Educ. Sci.</i> 2018, 8, 89, WOS: 000436493600051, index bibliografic 19, citare pag. 2 https://www.mdpi.com/2227-7102/8/2/89 5. Ozkan, A.; Turkmen, M.; Bozkus, T.; Kul, M.; Soslu, R.; Yasarturk, F.; Aydin, R.; Oz, U. Determination of the Relationship between Healthy Lifestyle Behaviors, Physical Fitness, and Risk Factors of Coronary Heart Diseases in University Students. <i>Educ. Sci.</i> 2018, 8, 51, WOS: 	0.5x5	2,5

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	<p>D. Badau, F. Dusa, A. Badau – Physical education and sport, Ed. University Press Tirgu Mures, 2015, cartea a fost citată în următoarele lucrari:</p> <p>1. Iconomescu T.M., Ciapa M. The development of spatial orientation and laterality in physical education classes from the countryside- pilot test, ERPA International Congresses on Education 2017, vol. 37, 6 pag, WOS: 000426428700071, citare pag. 1, index bibliografic 4 https://www.shs-conferences.org/articles/shsconf/abs/2017/05/shsconf_erpa2017_01023/shsconf_erpa2017_01023.html</p> <p>2. Iconomescu T.M., Mindrescu V., Talaghit L.G. - The importance of motion games in the psychomotor development of pre-schoolers during the physical education class, ERPA International Congresses on Education 2017, vol. 37, 6 pag, WOS:000426428700070, citare pag. 1, indice bibliografic 3. https://www.shs-conferences.org/articles/shsconf/abs/2017/05/shsconf_erpa2017_01023/shsconf_erpa2017_01023.html</p>	0.5x2	1
	<p>Badau, A., & Badau, D. (2011). Aqua-pullpush-gym. An Novative Method of Gymnastic in Water. Transilvania University Publish House. cartea a fost citată în următoarele articole:</p> <p>1. Mocanu, GD., Dobrescu, T. - Education of the Lower Body Flexibility in Students by Combining Various Types of Stretching during Physical Education Lessons. Revista Romaneasca pentru Educatie Multidimensionala, 2021, 13(4), pp. 435-453, WOS:000768418500025, index bibliographic 9, citare pag. 436 https://lumenpublishing.com/journals/index.php/rrem/article/view/4388</p> <p>2. Mocanu, George-Danut, Jordan, Daniel-Andrei - The Influence of Body Index Mass on the Leisure Types for the Students of the Faculty Of Physical Education and Sports, Balnea and PRM Research Journal, 2021, 12(3), pp. 233-247, WOS:000686373200005, indice bibliographic 11, citare pag. 234 http://bioclima.ro/Balneo443.pdf</p>	0.5x2	1
	<p>Badau D, Badau A, Ene-Voiculescu C, Larion A, Ene-Voiculescu V, Mihaila I, Fleancu JL, Tudor V, Tifrea C, Cotovanu AS, Abramiuc A. The Impact of Implementing an Exergame Program on the Level of Reaction Time Optimization in Handball, Volleyball, and Basketball Players. <i>International Journal of Environmental Research and Public Health</i>. 2022; 19(9):5598, https://www.mdpi.com/1660-4601/19/9/5598 citat in urmatoarele articole:</p> <p>1. Silvestri, F.; Campanella, M.; Bertollo, M et al. Acute Effects of Fitlight Training on Cognitive-Motor Processes in Young Basketball Players, <i>International Journal of Environmental</i></p>	0,5x2	1

	<p>Research and Public Health, 2023, 20(1), WOS:000909210300001, indice bibliographic: 27, citarea pag. 2 https://www.mdpi.com/1660-4601/20/1/817</p> <p>2. Muntianu, VA; Abalasei, BA; Nichifor, F; Dumitru, IM. - The Correlation between Psychological Characteristics and Psychomotor Abilities of Junior Handball Players, Children Basel, 2022, 9(6), WOS:000816095200001, indice bibliographic 42, citare pag. 11 https://www.mdpi.com/2227-9067/9/6/767</p>		
		Total I16	42,5
I17	Alte citări ale publicațiilor candidatului (autocitățile sunt excluse) I17.1 Disponibile în lucrări clasificate A1 (m = 3) I17.2. Disponibile în lucrări clasificate A2 sau în baza de date Scopus (altele decât cele deja incluse la I16) (m = 1) I17.3. Disponibile în lucrări clasificate B sau în alte surse academice identificabile prin Google Scholar (altele decât cele deja incluse) (m = 0.5)	m / 10	Ciatre
	1. Maria Salcudean, Victoria Rus, Florina Ruta, Catalin Moise Dogar, Iustinian Simion, Levente Nemes (2018) <i>Eating Behaviour and Food Preferences of Tîrgu Mures High School Students</i> , Acta Medica Marisiensis; 64(4):157-160, DOI: 10.2478/amma-2018-0014, index bibliografic 12, citare pag. 159. http://actamedicamarisiensis.ro/eating-behaviour-and-food-preferences-of-tirgu-mures-high-school-students/ Indexare: CrossRef, Doaj:	0.5/10	0.05
	2. Hüseyin E.; Selami Y. (2018). <i>The Effect of smoking on the physical fitness of elderly male subjects</i> . Universal Journal of Educational Research 6(6): 1158-1166, DOI:10.13189/ujer.2018.060605, index bibliografic 25, 26, 27, citare pag. 1167. Indexare: CrossRef, ERIC: https://eric.ed.gov/?id=EJ1181200	(0,5/10)x3	0.15
	3. Veli Volkan Gürses, Okan Kamiş (2018) <i>The Relationship Between Reaction Time and 60 m Performance in Elite Athletes</i> , Journal of Education and Training Studies, 2018, 6(12a), pp. 64-69, doi:10.11114/jets.v6i12a.3931, index bibliografic 2, citare pag. 64.	0,5/10	0.05
	4. Akyüz, Ö. (2017). <i>Effect of Eight-week Exercise Program on Social Physique Anxiety Conditions in Adult Males</i> , Journal of Education and Training Studies, 5(3), 148-153, indice bibliografic 4,6, citare pag. 148, http://redfame.com/journal/index.php/jets/article/view/2176 https://doi.org/10.11114/jets.v5i3.2176 ERIC: https://eric.ed.gov/?q=Journal+of+Education+and+Training+Studies&ft=on&pg=21&id=EJ1133849	(0,5/10)x2	0.10
	5. Pavlović, R., Vrcić, M., Solaković, S., Pupiš, M., Radulović, N., (2017) - <i>The Values of Fitness Index and Vo2max of Students Using Indirect Method Aerobic Tests</i> , European Journal of Physical Education and Sport Science, 2017, indice bibliografic 5, 6, citare pag. 145, 146 https://edu.oapub.org/index.php/ejep/article/view/1119 Indexare: CrossRef: DOI: 10.5281/zenodo.1031979	0,5/10	0.05
	6. Iconomescu Teodora Mihaela, Ciapa Mihaela, (2017) - The development of spatial orientation and laterality in physical education classes from the countryside – study pilot, SHS Web Conf., Volume 37, indici bibliografici 3,4, citari pag. 2, 1, https://www.shs-conferences.org/articles/shsconf/abs/2017/05/shsconf_erp2017_010	(0,5/10)x2	0.10

	71/shsconf_erpa2017_01071.html https://doi.org/10.1051/shsconf/20173701071		
7.	Maria Salcudean, Victoria Rus, Florina Ruta, Catalin Moise Dogar, Iustinian Simion, Levente Nemes (2018) - Eating Behaviour and Food Preferences of Țirgu Mures High School Students, Acta Medica Marisiensis, 64(4):157-160, index bibliographic 12, citare pag. 159, Indexare: Doaj: full-text: https://doaj.org/toc/2247-6113?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22range%22%3A%7B%22index.date%22%3A%7B%22gte%22%3A%221514764800000%22%7D%7D%7D%2C%7B%22term%22%3A%7B%22bibjson.journal.volume.exact%22%3A%2264%22%7D%7D%2C%7B%22term%22%3A%7B%22bibjson.journal.number.exact%22%3A%224%22%7D%7D%2C%7B%22terms%22%3A%7B%22index.issn.exact%22%3A%5B%222247-6113%22%5D%7D%7D%2C%7B%22term%22%3A%7B%22type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%7D%2C%22from%22%3A%0%2C%22size%22%3A%100%7D	0,5/10	0.05
8.	Nașca, Cristina; Rus, Victoria Ancuța; Sălcudean, Maria; Simion, Iustinian; Tarcea, Monica; Ruța, Florina Apitherapy Pilot Study - How to Reduce Risk for Viral Infections by Strengthening the Immune System in Preschool Children, Acta Medica Transilvanica . Sep 2018, Vol. 23 Issue 3, pag. 83-86. index bibliographic 28, citare pag. 85, Indexare: Ebsco: https://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=14531968&AN=132533611&h=OR2tL1z34AggAWKRKYoQbrDMidk9IMx2HqV1Da857IhgGu4zpMEoG1%2ftwGF2wEBzBLSdNZ6FWPngcA6jD91oEw%3d%3d&url=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&url=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d14531968%26AN%3d132533611	0,5/10	0.05
9.	Badicu, G., Gatterer, H., Balint, L., & Burtscher, M. (2018). The effects of weekly motivational phone calls on the amount of leisure sports activities and changes in physical fitness. Pedagogics, Psychology, Medical-Biological Problems of Physical Training and Sports, 22(5), 226-230., index bibliographic 27, citare pag. 229, https://www.sportpedagogy.org.ua/index.php/PPS/article/view/959/693 , Indexare CrossReff: full-text https://doi.org/10.15561/18189172.2018.0501	(0,5/10)x2	0.10
10.	A. NEOFIT; M. ION-ENE- Attenuating Scoliosis by Adapting Judo-Specific Means, Bulletin of the Transilvania University of Brașov Series IX: Sciences of Human Kinetics, 2018, 11, pag. 173-178, indexi bibliografici 1, 2, citare pag. 174, Ebsco: https://web.a.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=23442026&AN=133966144&h=oCkV6wpumhVmt8mGpUKZlZAWIefLiE0DV5GHoymYTOj%2bChOqHPEB8u6WdSvBCcsBCGo0eCthJx6gGp34vmUt%2bw%3d%3d&url=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&url=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d23442026%26	0,5/10	0.05

	AN%3d133966144		
	11. Papp, Gabriela Eniko; Csifo - Szabo, Barna; Ciulea, Laura Edit (2016). <i>Physical activities adapted to children with special educational needs</i> , Studia Universitatis Vasile Goldis, Physical Education & Physical Therapy Series, Vol. 5 Issue 2, p. 22-28, index bibliografic: 9. Indexare: Ebsco: http://web.b.ebscohost.com/abstract?direct=true&profile=ehost&scope=site&authtype=crawler&jrnl=22847324&AN=121018242&h=UBoskDaSVXCQiAwxgvJ5eaXsJzoUY%2f1V4dE4dk2r2qW7t3GLjtD%2boJNYnzOoYFLZDYN%2fO5kFUDvZD7Mi2fLvQ%3d%3d&url=c&resultNs=AdminWebAuth&resultLocal=ErrCrlNotAuth&crlhashurl=login.aspx%3fdirect%3dtrue%26profile%3dehost%26scope%3dsite%26authtype%3dcrawler%26jrnl%3d22847324%26AN%3d121018242 ProQuest: https://search.proquest.com/openview/937dd70ffd98915295a7292ddb3ba2a6/1?pq-origsite=gscholar&cbl=2031964	0,5/10	0.05
	12. Jovanović, Jelena. (2011) - <i>Sport management in countries in transition: Current state and development perspectives</i> . Serbian journal of sports sciences, 5(1-4), 115-125, indice bibliografic 3, citare pag. 123, http://www.sjss-sportsacademy.edu.rs/archive/details/sport-management-in-countries-in-transition-current-state-and-development-perspectivies-195.html . Indexare: Ebsco, rand 1052, secțiunea SPORTDiscus https://www.ebsco.com/title-lists	0,5/10	0.05
	13. Ramona Ungur, Bondoc – Ionescu Dragos (2014) - <i>Preliminary study for the implementation of the "Servo-Volley Platform" innovative technology</i> , Palestrica of the third millennium – Civilization and Sport, Vol. 15, no. 4, pag. 326–330, indice bibliografic 3, citare pag. 328, http://pm3.ro/pdf/58/RO/14%20-%20ungur%20%2020326-330.pdf , Indexare: Ebsco: https://ebshost.com/titleLists/a9h-journals.htm , DOAJ – https://doaj.org/toc/2247-7322?source=%7B"query"%3A%7B"filtered"%3A%7B"filter"%3A%7B"bool"%3A%7B"must"%3A%5B%7B"term"%3A%7B"index.issn.exact"%3A"2247-7322"%7D%7D%2C%7B"term"%3A%7B" type"%3A"article"%7D%7D%5D%7D%7D%2C"query"%3A%7B"match_all	0,5/10	0.05
		Total I17	1
I18	Keynote speaker (comunicare științifică în plen) la conferințe internaționale ($m = 3$) / naționale ($m = 1$)	2 x m	Conferinta
	Speaker at "2. International Congress of Sports for All and Wellness" 25-28 April 2019, Alanya/Antalya, Turcia http://isfaw2019.isfaw.org/en/sayfa/cagrili-konusmacilar	2x3	6
	Speaker at the Conference <i>Anthropological and Neo-anthropological views on physical activity from the time of Constantine the great to modern times</i> , organized by Association Sport for all Serbia in collaboration with The Faculty of Sport and Physical Education University of Belgrade and The Faculty of Sport and Physical Education University of Priština, 21st to 26th of March 2016, at Kopaonik, Serbia	2x3	6
		Total I18	12
I19	Membru în comitetul științific (A) / Referent științific pentru evaluarea și selecția lucrărilor unei conferințe (B) / Membru în comitetul de organizare (C) / Coordonator simpozion (Chair) (D) (se punctează o	1 x m	Conferinta

	singură calitate / conferință) 19.1 Conferințe internaționale ($m = 3$) 19.2 Conferințe naționale ($m = 1$)		
	International Scientific Conference: „Youth in the perspective of the Olympic movement”, Brașov, România, 27-28 February, 2020 https://sport.unitbv.ro/images/YPOM/YPOM_2020/comitet_stiintific_17.02.pdf	1x3	3
	Eurasian Sport Sciences Congress, 2-5 May 2019, Mus- Turkey, http://essc-mus.alparslan.edu.tr/sayfa.xhtml?sayfa=sciencec	1x3	3
	International Conference on Sport for all and wellness 5-8 April 2019, Alanya, Turcia, http://isfaw2018.isfaw.org/en/sayfa/kurullar	1x3	3
	International Conference on Sports For All And Wellness, 25-28 April 2019, Antalya- Alanya, Turcia, http://isfaw2019.isfaw.org/en/sayfa/kurullar	1x3	3
	International Conferences Sport for all and Wellness, 05-08 April 2019, Antalya- Alanya, Turcia, http://isfaw2018.isfaw.org/en/sayfa/kurullar	1x3	3
	II World Congress of Sport Sciences Researches, Manisa, Turcia, 21-24 March, 2019, http://wcssr.org/tr/	1x3	3
	3rd International Social Sciences Conference, Bangkok- Thailanda, 2019, 23-26 Ianuarie, http://www.isscongress.org/Pages.aspx?id=5	1x3	3
	The Fourth International Conference UNIVERSITARIA Consortium, “The impact of Sport and Physical Education Science on today’s Society” November 23-24, 2018, Iasi, Romania, http://www.sport.uaic.ro/organizare-2/	1x3	3
	3th International Eurasian Conference on Sport, Education and Society, 15-18 noiembrie 2018, Mardin, Turcia, http://www.iecses.org/CongreDetayiEng.php?id=22	1x3	3
	16th International Sport Sciences Congress, Antalya, Turcia, October 31 and November 3, 2018, http://sbk2018.org/eng/?p=kurullar	1x3	3
	International 2 nd Academic Sports Research Congress, Batumi, Georgia, 2018, 19-21 september, http://www.akademiksporarastirmalarikongresi.com/kurul	1x3	3
	6 th International Conference on Science Culture and Sport, Lviv, Ukraina, 25-27 April, 2018, http://www.iscs-conference.org/CongreDetayiEng.php?id=22	1x3	3
	International Sport Sciences, Tourism and Recreation Student Congress, Manisa, Turcia, May 7 th – 9 th , 2018, http://www.isstr-sc.org/sayfa.php?recordID=122	1x3	3
	International Conference on Sport for All and Wellness, Antalya, Turcia, 05-08 April, 2018, http://isfaw.org/en/sayfa/kurullar	1x3	3
	2nd International Eurasian, Conference on Sport, Education and Society, Antalya, Turcia, 19-22 Oct., 2017, http://www.iecses.org/CongreDetayiEng.php?id=22	1x3	3
	World Congress of Sport Sciences Researches, Manisa, Turcia, 23-26 November 2017, http://wcssr.org/eng/?p=kurullar	1x3	3
	International Eurasian, Conference on Sport, Education and Society, Kemer - Antalya, Turcia, 13-16 Oct., 2016, http://www.iecses.org/Archive/1st-iecses-International-Conference-abstract_book2016.pdf	1x3	3
	5th International Conference on Science Culture and Sports, ISCSA, UNESCO), 14-16 April, 2016 Turkistan, Kazakhstan,	1x3	3

	http://www.iecses.org/Archive/5th_International_Conference_abstract_book16.pdf		
	4th International Conference on Science Culture and Sports Association (ISCSA), 22-26 May, 2015, Ohrid, Macedonia, http://www.iecses.org/Archive/4th_International_Conference_abstract_book15.pdf	1x3	3
	2nd International Conference on Science Culture and Sport (ISCSA), 30 oct- 1 nov. 2013, Kemer, Turcia, http://www.iscs-conference.org/Archive/2nd_International_Conference%20abstract-book-2013.pdf	1x3	3
	22 nd TAFISA World Congress, Antalya, Turcia, 10-14 noiembrie 2011, http://www.tafisaworldcongress2011.org/haber_detay.php?register_id=99&kat=Bilim-Kurulu	1x3	3
	3 rd International Conference on Science, Culture and Sport, 24-26 May 2014, Sarajevo, Bosnia-Hertegovina http://www.iscsjournal.com/Defaultx.aspx?ID=29	1x3	3
	International Scientific Conference: „ <i>Youth in the perspective of the Olympic movement</i> ”, Braşov, România, 8-9 March 2019, https://sport.unitbv.ro/images/YPOM/YPOM_2019/comitet_organizare_YPOM_2019_1.pdf	1x1	1
	International Scientific Conference: „ <i>Youth in the perspective of the Olympic movement</i> ”, Braşov, România, 23-24 Febr. 2018, http://old.unitbv.ro/Portals/24/YPOM%202018/YPOM%202018_7.pdf	1x1	1
	A 5-a Conferință a Dieteticienilor cu participare internațională „ <i>Obezitatea la copil – actualități, implicații și perspective de prevenție și tratament</i> ”, 1-2 noiembrie, 2017, Tîrgu Mureş, România, https://www.nutritiedietetica.ro/wp-content/uploads/COMITET_ENG_ND-1.pdf	1x1	1
	3 rd edition Conferința Internațională „ <i>Cercetări transdisciplinare în kinetoterapie, activități fizice și nutriție sportivă</i> ”, 3-4 noiembrie 2017, Tîrgu Mureş, România, https://cnns.nutritiedietetica.ro/comitet-organizatoric/	1x1	1
	3 rd International Scientific Conference, “ <i>Sports, Education, Culture-Interdisciplinary Approaches in Scientific Research</i> ”, GALAȚI, 26-27 May 2017, http://www.sesgal.ugal.ro/index.php/organizing-committee	1x1	1
	International Scientific Conference, „ <i>Young in the perspective of the olympic movement</i> ”, 03-04 March 2017, Braşov, România http://www.unitbv.ro/Portals/24/Ypom%202017/Invitatie%202017%201.03.2017.pdf	1x1	1
	The 2 nd National Conference of Sport Nutrition, Tîrgu Mureş, 2-3 Noiembrie 2016, http://cnns.nutritiedietetica.ro/comitet-organizatoric/	1x1	1
	2 nd International Scientific Conference Introspective Connections on Human Movement Sciences, ICHMS 2015, Tîrgu Mureş, 27-28 March 2015 https://www.umftgm.ro/fileadmin/manifestari_stiintifice/ichms_2015/ICHMS_Boards_2015_final.pdf	1x1	1
	International Scientific Conference: „ <i>Youth in the perspective of the Olympic movement</i> ”, Braşov, România, 28 febr. – 01 martie 2014, http://www.unitbv.ro/Portals/24/Conferinta/board%202014.pdf	1x1	1
	International Conference „ <i>Introspective connection on human movement sciences</i> ”, First edition, 26-27 April, 2013, Tîrgu Mureş, România, https://www.umftgm.ro/universitate/media/evenimente-manifestari-stiintifice/evenimente-detalii/articol/540.html	1x1	1

	A XX – Sesiune de Comunicări Științifice, a Univ. G. Barițiu- 31 mai-01 iunie, 2013, Brașov, România	1x1	1
	a XX-a Conferința Internațională CDAIBE` 13: „Control, dezvoltare și informatică aplicată în afaceri și economie”, temă: Provocări la nivel mondial în situația crizei actuale, organizată de Univ. G. Barițiu. Brașov, 30-31 mai, 2013.	1x1	1
	Conferința Științifică Națională – Perspective în sportul pentru toți, 21-22 noiembrie, 2012, Univ. G. Barițiu, Brașov. Congresul al IV-lea Balcanic de Istoria Medicinii, organizat de Universitatea „Transilvania” Brașov, 2009, https://www.scribd.com/document/34469088/Proceeding-of-the-1vth-Balkan-Congress-of-History-of-Medicine-2009	1x1	1
	Conferința Științifică Internațională „Perspective în sportul pentru toți”, Brașov 2009 sub egida FRSP, Universității „George Barițiu” Brașov și a Clubului Olimpic Brașov.	1x3	3
	Conferința Științifică Internațională „Perspective în sportul pentru toți”, Brașov, 2008, sub egida FRSP, Universității „George Barițiu” Brașov și a Clubului Olimpic Brașov	1x1	1
		Total I19	86
I20	Președinte sau membru în comitetul executiv al unei asociații profesionale internaționale ($m = 3$) sau naționale ($m = 1$)	2 x m	Asociație
	1. Membră - The Balkan Sport for All Association (BSAA)	2x3	6
	2. Membru- Societatea Medicală Romană de Educație Fizică și Sport	2x1	2
	3. Membru - Institutul Român de Fitness	2x1	2
		Total I20	10
I21	Premii și distincții I21.1. Premii pentru activitatea științifică oferite de către instituții sau asociații științifice / profesionale internaționale ($m = 3$) sau naționale de prestigiu (CNCS, etc.) ($m = 1$) (nu sunt incluse granturile de deplasare sau premiile articolelor din zona roșie, galbenă etc.) I21.2. Obținerea în activitate a unor rezultate de prestigiu privind promovarea țării și a învățământului românesc (de exemplu distincțiile, medaliile primite de către sportivi, antrenori, alți specialiști pentru rezultate la JO, CM, CE etc., oferite de Președinția României, MENCS, MTS etc.)	4 x m	Premiu
I 22	Coordonator al unei colecții de carte	6	Colecție
I 23	Carte coordonată relevantă pentru domeniu ($m A1 = 3$; $m A2 = 1$; $m B = 0.5$)	8 x m/n	Carte
I24	Redactor șef / editor sau membru în comitetul editorial al unei reviste cu comitet științific și peer-review I24.1. Revistă indexată Web of Science ($m = 3$) I24.1. Revistă indexată în cel puțin două BDI ($m = 1$) I24.2 Revistă indexată într-un BDI ($m = 0.5$)	4 x m	Revista
	Jurnal: Applied sciences, Special Issue „Exercise Physiology and Biomechanics in Human Health” indexată: WoS, Doaj, Scopus, Ebsco https://www.mdpi.com/journal/applsci/special_issues/0277G52489	4x3	12
	Jurnal: Behavioral Sciences, Special Issue "Promote Proactive Behavior through Sport Counseling" indexare: WOS, PubMed, Scopus, https://www.mdpi.com/journal/behavsci/special_issues/sport_counseling	4x3	12
	International Journal of Sport, Exercise & Training Sciences (Int J Sport, Exer & Train Sci) http://dergipark.gov.tr/useeabd/board , Indexată: Cross Ref, Doaj <a 484="" 510="" 921="" 938"="" data-label="Page-Footer" href="https://doaj.org/toc/2149-8229?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.issn.exact%22%3A%222149-</td> <td>4x1</td> <td>4</td> </tr> </table> </div> <div data-bbox=">27		

	8229%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%2C%22from%22%3A0%2C%22size%22%3A100%7D , ERIH PLUS https://dbhs.nsd.uib.no/publiseringsskanaler/erihplus/periodical/info?id=490332		
	International Journal of Science, Culture and Sports (IntJSCS), http://www.iscsjournal.com/Defaultx.aspx?ID=29 ,Indexata: CrossRef DOI: 10.14486, https://www.crossref.org/ . Doaj: https://doaj.org/toc/2148-1148?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22term%22%3A%7B%22index.issn.exact%22%3A%22148-1148%22%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D%7D%7D%2C%22from%22%3A0%2C%22size%22%3A100%7D	4x1	4
	The Online Journal of Recreation and Sport, (http://www.tojras.com/editorialboard.php), Indexare: CrossRef DOI 10.22282, https://www.crossref.org/	4x1	4
	Eurasian Journal of Sport Sciences and Education http://www.dergipark.gov.tr/ejsse/board , Indexare CrossRef: https://search.crossref.org/?q=%E2%80%A2%09Eurasian+Journal+of+Sport+Sciences+and+Education+	4x1	4
	Journal of Sport Sciences Researches, http://www.dergipark.gov.tr/jssr/board?fbclid=IwAR0y8XiK00TBWb82OxLdVsWmZ6M64HhFnf9Vgsg3F3tmssJIXB47MstHTFw Indexare CrossRef: https://search.crossref.org/?q=Spor+bilimleri	4x1	4
		Total I24	38
I25	Referent științific ad hoc pentru reviste cu comitet științific și peer-review I25.1. Revistă indexată Web of Science I25.2. Revistă indexată BDI (alta decât WoS)	0.3 / 0.2	Articol
	Sustainability – 89 recenzii (certIFICATE MDPI)	0.3x89	26,7
	Education Sciences – 17 recenzii (certIFICATE MDPI)	0.3x17	5,1
	Sports – 13 recenzii (certIFICATE MDPI)	0.3x13	3,9
	Children Basel– 7 recenzii (certIFICATE MDPI)	0.3x7	2.1
	Life – 2 recenzii (certIFICATE MDPI)	0.3x2	0.6
	International Journal of Environment Research and Public Health– 40 recenzii (certIFICATE MDPI)	0.3x40	12
	Behavioral Sciences – 6 recenzii (certIFICATE MDPI)	0.3x6	1.8
	Societies (certIFICATE MDPI) - 2 recenzii	0.3x2	0.6
	Healthcare - 4 recenzii (Publons)	0.3x4	1.3
	Safety- 1 recenzie (Publons)	0.3x1	0.3
	Environment 1 recenzie (Publons)	0.3x1	0.3
	Medicina (certIFICATE MDPI) - 4 recenzii	0.3x4	1.2
	Sensors (certIFICATE MDPI) - 3 recenzii	0.3x3	0.9
	Applied sciences (certIFICATE MDPI) - 7 recenzii	0.3x7	2.1
	Symmetry (certIFICATE MDPI) - 2 recenzii	0.3x2	0.6
	Clocks & Sleep ((certIFICATE MDPI) - 2 recenzii	0.3x2	0.6
	Disabilities (certIFICATE MDPI) - 1 recenzie	0.3x1	0.3
	European Journal of Investigation in Health, Psychology and Education (certIFICATE MDPI) - 1 recenzie	0.3x1	0.3
	Journal of Functional Morphology and Kinesiology (certIFICATE MDPI) - 1 recenzie	0.3x1	0.3
	BMC Sports Science, Medicine and Rehabilitation (Publons) -2 recenzii	0,3x2	0,6
		Total I25	54.6

I26	<p>Profesor asociat / visiting scholar pentru o durată de cel puțin o lună de zile / susținerea unei conferințe sau prelegeri în fața cadrelor didactice sau a doctoranzilor (se punctează un singur aspect per universitate; nu sunt incluse aici schimburile Erasmus)</p> <p>26.1 la o universitate din TOP 500 conform clasamentului URAP ($m = 3$)</p> <p>26.2 la o universitate din afara topului 500 URAP, ca urmare a unei invitații nominale din partea instituției gazdă ($m = 1$)</p> <p>26.3 profesor invitat / lector al federațiilor internaționale pe ramură de sport / Academiei Olimpice a CIO / Asociații profesionale internaționale ($m = 1$) / federațiilor naționale pe ramură de sport sau Academiei Olimpice a COSR ($m = 0,5$)</p>	0.5xm	Institutie/invitație
	Lector invitat - Gazi University Ankara, Turkey, School of Sport of Physical Education în parteneriat cu Balkan Association Sport for all, 16-21 May 2016, teme: Physical fitness, Fitness principles, Wellness Profile, adresa din 14.04.2016, Ankara, Turcia	0.5x1	0,5
	Lector invitat – Turkish Sport for All Federation, 16-21 May 2016, tema: II Level Wellness Coaches Course, adresa 18/03/2016, Ankara, Turcia	0.5x1	0,5
	Lecturer at the Seminar for Students and Teachers of Physical Education with title NEW APPROACHES IN PHYSICAL EDUCATION which will be held in the period 21st to 26th 2016 of March at Kopaonik, organizat de Association Sport for all Serbia in collaboration with The Faculty of Sport and Physical Education University of Belgrade and The Faculty of Sport and Physical Education University of Priština	0.5x1	0,5
	Lector invitat - Gazi University Ankara, Turkey, School of Sport of Physical Education în parteneriat cu Balkan Association Sport for all, Summer Academic School for the Wellness and Fitness Coaching Course, 17 th to 23 th of August 2015, adresa din 12/05/2015, Ankara, Turkey	0.5x1	0,5
	Lector invitat la University of Belgrad, Serbia, Faculty of Sport of Physical Education, Seminar of Winter activites, Departament of Recreation, 15-22 March 2015, Kopaonik, Serbia, adeverință nr. 379/2.03.2015.	0.5x1	0,5
	Lector invitat - Gazi University Ankara, Turkey, School of Sport of Physical Education in parteneriat cu Balkan Association Sport for all, 4-10 august, 2014, teme: Fitness Coaching Course, adresa 05/06/2014, Ankara, Turcia	0.5x1	0,5
	Lector invitat la Turkish Sport for All Federation, Level Wellness Coaches Cours, 10-16 february, 2014, Turkey, adeverinta nr. 29/01/2014	0.5x1	0,5
		Total I26	3,5
I27	<p>Director al unui grant finanțat / instituția coordonată</p> <p>I27.1 Director grant de cercetare cu relevanță publică largă obținut prin competiție internațională, acordat de către o agenție / instituție internațională ($m = 3$)</p> <p>I27.2. A. Director grant de cercetare cu relevanță publică largă obținut prin competiție națională / B. Coordonator echipă România pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție internațională ($m = 1$)</p> <p>I27.3. A. Director sau coordonator partener al unui grant de dezvoltare instituțională (de exemplu tip POSDRU, Erasmus + etc.) / B. Director sau coordonator partener al unui grant de cercetare cu relevanță specifică (de exemplu finanțat de către o companie), obținut prin competiție națională sau internațională / C. Coordonator partener pentru un grant de cercetare cu relevanță publică largă, obținut prin competiție națională ($m = 0.5$)</p>	9 x m	Grant
	Director grant research competitie internatională, nr. 39/26.01.2015- Investigation on the Index of Physical Activity and the Fitness Level the adult population from the balkans in corelation with their participation in specific Sport for all activities – parteneri: Balkan Sport for all	9x3	27

	Association (BSFAA), Romanian Federation Sport for all (FRSPT), Turkish Sport for all Federation (TSFAF), Association Sport for all Serbia (ASFAS), durata 12 luni, valoare 28.000 Euro.		
		Total I27	27
I28	Membru în echipa unui grant finanțat / instituția coordonată I28.1 Membru în echipa unui grant de cercetare cu relevanță publică largă obținut prin competiție internațională sau națională ($m = 1$) I28.2. Membru în echipa unui grant de cercetare cu relevanță specifică sau a unui grant de dezvoltare instituțională obținut prin competiție internațională sau națională ($m = 0,5$)	3 x m	Grant
	Membru in calitate de Expert formare de formatori – proiect POCU/904/6/25/146587, Profesionalizarea carierei didactice - PROF, din 31.03.2021, beneficiar UMFST G.E. Palade, durata 11.10.2021-31.12.2023	3x1	3
	Membru in calitate de Expert cadru didactic- acord de grant nr. 167/SGU/NC/II din 10.09.2019, angajator UMFST „George Emil Palade” din Târgu Mureș, proiectul „Remedierea, Integrarea, Susținerea și Consiliere pentru studenții aflați în situații de risc” – RISC, durată 01.10.2019-30.06.2022, director Altalozzi Giordano.	3x1	3
	Membru - proiectul nr. 7575/30.07.2012 UMF Tg. Mures, si nr. 182/30.07.2012, Federația Română „Sportul pentru toți” - autoritatea contractanta, tema: „Evaluarea nivelului de dezvoltare somato-funcțională si psihomotrică a studenților Universității de Medicină și Farmacie din Tîrgu Mureș”, 01.10.2012 – 01.07.2014, parteneri: Federația Română „Sportul pentru toți” și Universitatea de Medicină și Farmacie Tîrgu Mureș, director proiect Neagu Nicolae. Valoare: 10.000 lei.	3x1	3
	Membru în proiectului nr. 5608: „Cupa cartierelor la handbal și minibaschet”, câștigat de Federația Română Sportul pentru toți, acțiune finanțată de Ministerul Tineretului și Sportului în cadrul programului Pierre de Coubertin, perioada 03.06 – 30.10 2013, valoare 135.000 lei	3x1	3
	Membru al proiectului de cercetare nr. 236: <i>Evaluarea si supravegherea patologiei cardiovasculare la tinerii sportivi. Protocol de prevenire a riscului de moarte subită</i> ”, din 15.07.2008, durata: 3 ani, competiția națională lansată de Agenția Națională pentru Sport, Federația Română „Sportul pentru toți”, valoare: 10.000 Ron, director proiect Țiț Diana.	3x1	3
	Membru al proiectului de cercetare nr. 399: „Cercetarea unor modalități de orientare a diferitelor categorii de populație din zonele montane în vederea practicării de activități specifice „Sportului pentru toți” 10.12.2006 – 9.11.2009, obținut la competiția națională lansată de Agenția Națională pentru Sport – Federația Română „Sportul pentru toți”, valoare: 2000 Ron, director proiect: Bădău Dana.	3x1	3
		Total I28	18
I 29	Activitate de mentorat / îndrumare 29.1. Conducător științific / membru în comisia de îndrumare sau de evaluare a tezelor de doctorat (punctajul total la 29.1 este plafonat la maximum 10 puncte) 29.2. Mentor cu rol oficial de îndrumare a unor cercetători postdoctorali	1 / 0,5 1	Doctorand / comisie Îndrumat
I 30	30.1. Inițierea sau coordonarea unor programe de studii universitare sau post-universitare 30.2. Publicarea unor cursuri universitare (nu pot fi punctate aici contribuții ce au fost incluse la indicatorii I3, I7 sau I12) 30.3. Introducerea unor discipline noi în planul de învățământ	2 1 0.5	Program Disciplină
	Adela Bădău , Dana Bădău - Evaluări cantitative și calitative în activitățile motrice, NOTE CURS, 2021, uz intern, Ed. University Press	1	1

	Targu Mures		
	Bădău Adela , Bădău Dana- Teoria și practica în sporturi de iarnă (schi alpin), Note curs, UMFST, 2020, uz intern	1	1
	Dana Badau, Adela Badau – Activități ludice în educația fizică și adaptate în kinetoterapie, note de curs, UMF, 2013	1	1
	Dana Badau, Adela Badau – Gimnastica în școală- Fundamente teoretice și practico-metodice, note de curs UMF, 2012	1	1
	Discipline noi – 1. Aquagym – an I, EFS 2. Aquagym și înot terapeutic, An II, BFKT 3. Hidroterapia și aquagim recuperatorie – an I programul de master „Terapie fizică și recuperare funcțională”	3x0,5	1.5
		Total I30	5.5
I 31	Coordonarea unui centru sau laborator de cercetare, recunoscut de către Senatul Universității sau Consiliul Științific al Institutului de cercetare	2	Centru
I 32	Evaluator proiecte / membru în Panel în competiții internaționale ($m = 3$) / naționale ($m = 1$) de granturi de cercetare	1 x m	Ediție competiție
I 33	Membru în grupul de experți 33.1. Comisii / consilii științifice sau organisme internaționale (de exemplu UNESCO, UNICEF, CIO, Federații internaționale pe ramuri de sport etc.) ($m = 3$) 33.2. Comisii / consilii științifice sau organisme naționale (CNATDCU, CNCS, ANCS, ARACIS sau alt grup de lucru consultativ / de lucru la nivelul MENCs sau la nivel interministerial, alcătuit ca urmare a unui ordin emis de MENCs sau de către un alt for ministerial ($m = 1$))	1 x m	Comisie
I 34	Furnizarea de servicii pentru beneficiarii externi ai instituției (cursuri sau programe de formare / perfecționare profesională în domeniu)	0,5	Pe curs avizat
I 35	35.1. Antrenor emerit / profesor emerit / maestru emerit al sportului / arbitru internațional / comisar / observator (se iau în calcul doar calitățile existente la data înscrierii în concurs) 35.2. Premii pentru activitatea sportivă acordate de către instituții naționale (MTS, MENCs, COSR) sau internaționale 35.3. Performanțe ale sportivilor antrenați (JO, CM, JMU – locurile 1-5; CE, CN – locurile 1), creații pe linia sportului de performanță, recuperării motrice și funcționale, kinetoterapiei și kinetoprofilaxie (linii metodice / metodologii / strategii de pregătire pe ramuri de sport / probă sportivă recunoscute în comunitatea de specialiști / federații pe ramuri de sport); programe de profilaxie și recuperare prin mijloace kinetice pentru diferite categorii de populație / grupe de vârstă / grupe profesionale / patologii) recunoscute de organisme profesionale și / sau științifice naționale și internaționale.	3 / 2 / 2	Pe titlu / premiu / activitate

16.05. 2023

Prof.univ.dr.habil. Adela Bădău


